

Fairbanks Ultimate Association and Alaska Campus Disc Club present

Youth Ultimate Frisbee Clinic

Tu-Th * May 24-26, 2011 * 6:00-8:00pm * Ages 11-18

Randy Smith Middle School Fields



This three day evening program will introduce youth (aged 11-18) to the growing sport of Ultimate Frisbee. Played with a flying disc, Ultimate combines elements of soccer, football, and basketball, resulting in a fast-paced team sport enjoyed by children and adults around the world. Topics covered will include basic throws, cutting, and Spirit of the Game. Senior discers will also be introduced to more technical throws, and higher level offensive and defensive strategies. All attendees receive a new frisbee!

Please bring completed form and \$30 fee to the field or mail to Youth Ultimate Frisbee Clinic c/o Rose Hewitt, 585 L'Amour Ct, Fairbanks, AK 99712.

Checks can be made out to "**Fairbanks Ultimate Association.**"

Participants should bring a **water bottle, white and dark shirts**, and tennis **shoes or soccer cleats** with them to the field each day.

Questions? Contact Rose at fairbanksultimate@gmail.com or 457-2019.

Participant's Name: _____ Age: _____

Ultimate Frisbee experience: beginner intermediate advanced

Gender: M / F School (2010-2011): _____

Parent/Guardian's Name: _____ Phone: _____

Alt Phone: _____ Email: _____

Emergency Contact Name: _____ Phone: _____

Parent/Guardian Medical Consent:

I, the undersigned, parent or guardian, do hereby agree to allow the above-named child to participate in the FUA Ultimate Frisbee Youth Camp. Further, I hereby waive, on behalf of myself and the aforementioned child, any liability of the Fairbanks Ultimate Association and its members arising from any injury which may be suffered by participation in the Ultimate Frisbee Youth Camp. In case of any medical emergency, I authorize the Fairbanks Ultimate Association and its members to take my child to the nearest medical facility for necessary treatment.

Parent/Guardian Signature

Date